



THE WAVE

A book review



APPRECIATIVE INQUIRIES OF THE 3.0 KIND: HOW DO WE CONNECT, SHARE AND CO-CREATE FOR TOMORROW'S HUMAN WHOLENESS? (CEES HOOGENDIJK)

A review means re-view, see again, amplify or change your view, re-think, re-feel as you re-view. This movement and the book itself evoke waves in our consciousness, in our thinking and feelings that emerge, dance and merge. In each page we are either bathed by a wave, invited to surf on it, or swim with it. If I would paint the contents of the book and what they evoke in us, the painting would be this one:



Waves by Miriam Subirana, acrylic on canvas, 60 x 50 cm

Actually I painted this painting at the same time Cees was writing this book. And so there was some synchronicity in our creations.

As you read one page, the wave takes you into the strength of life and movement, and as it caresses the sand to give you a moment of pause in which you think the wave is over, you realise the next wave is already on you. And it is not only the words that Cees wrote, but the thoughts they provoke

in you, that provoke endless waves of appreciative inquiries that resonate within and without.

Hoogendijk invites us to the complexity of flow. "Once we address flow, or synchronicity, or emergence, or coherence, we enter a field called 'social complexity'. A very large field..." like an ocean of waves that emerge, flow, synchronize and move you into a dance of life that can generate, in the author's words: "miraculous outcomes of social processes".

The book is vibrant with ideas, questions, suggestions and reflections that, all together, take us into an exploration of our human living, relating and being. The flow of the book takes us into the sources of Appreciative Inquiry, like Social Constructionism, and from there we travel on to how can we construct and co-create our realities by living together and experiencing an AI Summit. From the collective Cees takes us into the individual, by inviting you to appreciate your self, who are you to appreciate and explore your being in this world, how do you see, behave and communicate.

All though the book is full of inquiries that invite us to question and dig further into our consciousness and into our understandings, there is a chapter that takes us even more into the art of inquiry. The whole book is an art of inquiry, and as the author takes us into a deeper inquiry, we are invited to reflect on how do we stay related, how do we come forward, and how do we contribute to a better living.

As a good Appreciative Inquiry practitioner, Cees does not give us many answers, but leaves us with more questions. Some pages are like Tsunamis of questions. You need to swim with them and take your time to reflect in silence, in the sacred spaces within your self, to explore where do the questions take you. And they can take you very far, opening new horizons in your being, doing, performing and achieving.

Allow yourself to surf and swim with the waves of questions as you turn each page. It is both an enjoyable ride and a challenging one. You just need to be present and explore the presencing that the pages, as waves, in this book invite you to be.

Miriam Subirana
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